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SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

**DNHS- Dry Needling in
hypertonicity & Spasticity /
webinar on 8.9.2020**



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Name of the faculty- Faculty of physiotherapy

Name of the Webinar - DNHS- Dry Needling in hypertonicity & Spasticity

E Brochure-

The banner is for a webinar titled "World Physiotherapy Day" held on 08 September 2020. The main topic is "DNHS - Dry Needling in hypertonicity & Spasticity". The speaker is Dr. Pablo Herrero Gallego, Professor and Researcher at the School of Physical Research Group at SGT University, and President of the Association for Research in Motor Handicap (AIMH). The moderator is Dr. Raghavver, Assistant Professor in the Faculty of Physiotherapy at SGT University, Gurugram. The banner also features logos for SGT University, IGAUGE Gold, and DNHS. The event is organized by the Faculty of Physiotherapy in association with Neurotherapeutics.

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World Physiotherapy Day
08 September 2020

Webinar on
"DNHS - Dry Needling in hypertonicity & Spasticity"

Speaker

Dr. Pablo Herrero Gallego
Professor and Researcher
School of Physical Research Group SGT University
President of the Association for
Research in Motor Handicap (AIMH)
Editor-in-Chief of the Journal of Innovative Techniques in Physical Therapy

Moderator

Dr. Raghavver
Assistant Professor
Faculty of Physiotherapy
SGT University, Gurugram

Organized by: Faculty of Physiotherapy in association with Neurotherapeutics

Fig1: E Banner



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Fig2: E Banner of Programme Schedule

Brief Profile of Speaker: . Dr. Pablo Herrero Gallego, Professor & researcher, head of physio research group, San Jorge University, He is also Editor in chief of the Journal of Invasive Techniques in Physical Therapy and creator of the physiotherapy technique DNHS for Hypertonia and movement dysfunction from central origin.

Organizers: Faculty of Physiotherapy

Report of the Webinar:

Introduction: For the inauguration session Dr.Priyanka Rishi welcome the dignatories Vice Chancellor Prof. Dr. Victor Gambhir, Pro Vice Chancellor prof. GL Khanna, Dean Faculty of Physiotherapy Dr. Ejaz Hussain and Associate Dean Dr. Pooja Anand. She explained the role of physiotherapy in current situation.

Dean FPHY Dr. Ejaz Hussian explained about the importance of physiotherapy in today's situation. He encouraged students for learning new techniques and evidence based practice. He emphasizes on the multidisciplinary approach in the field of physiotherapy.



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PVC, Dr. GL Khanna explain about the evaluation and demand of the physiotherapy in the field of sports and intensive care units in hospitals. He also encouraged the students for the research.

VC, Dr. Victor Gambhir congratulated the department for organizing the event motivated the students for their upcoming future

- a) **Objective of the webinar:** 1. Dry needling techniques in spinal cord injured patients.
2. dry needling in hypertonia
- b) **Brief content of lecture-** He is Editor in chief of the Journal of Invasive Techniques in Physical Therapy and creator of the physiotherapy technique DNHS for Hypertonia and movement dysfunction from central origin. Dr. Pablo gave the insight of dry needling techniques in various conditions.
- c) **Screenshots of Webinar/ Picture of Event:** Good quality picture with legends is mandatory

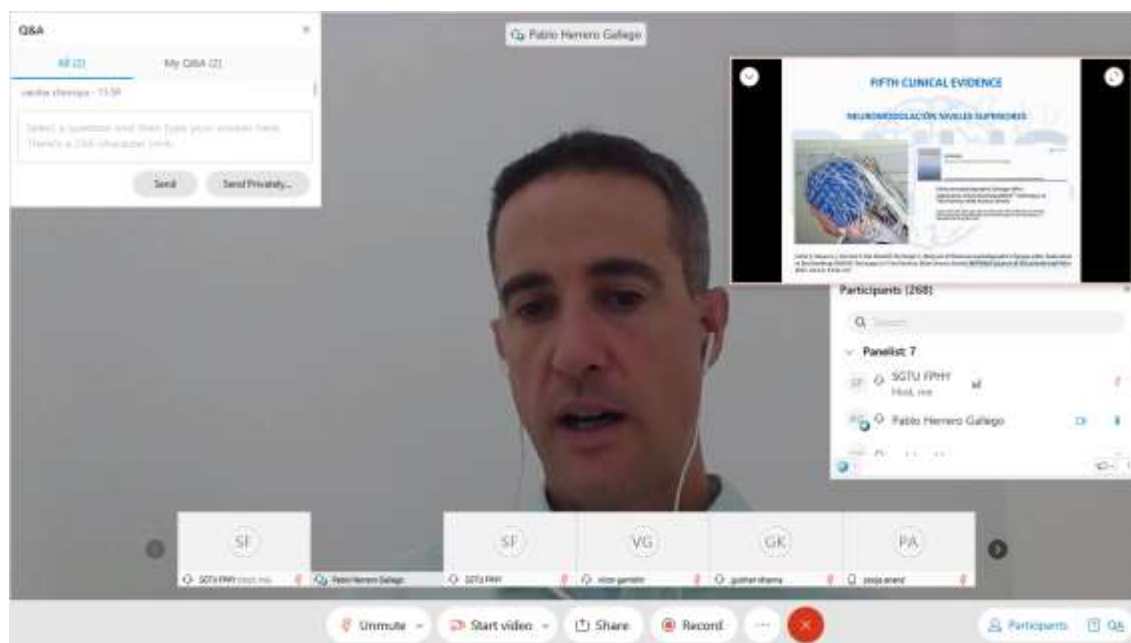


Fig 3: Resource Person Explaining the topic on the basis of clinical evidences



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Fig 4: Discussion about the increase of motor strength by the panelists

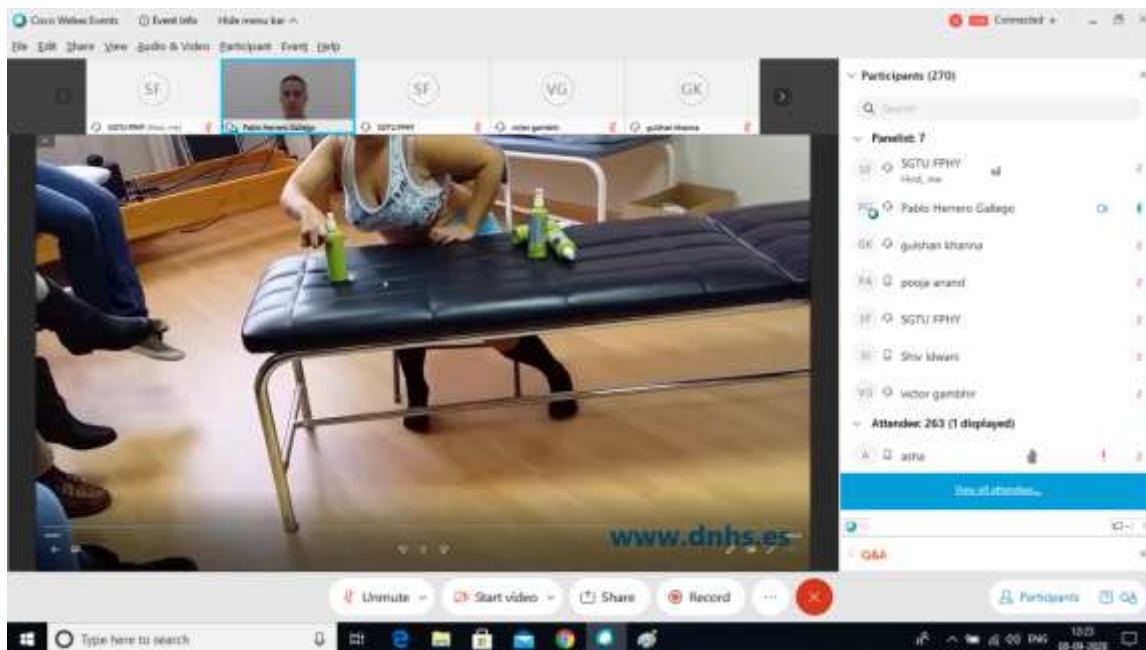


Fig 5: More than 263 participants learning about the technique



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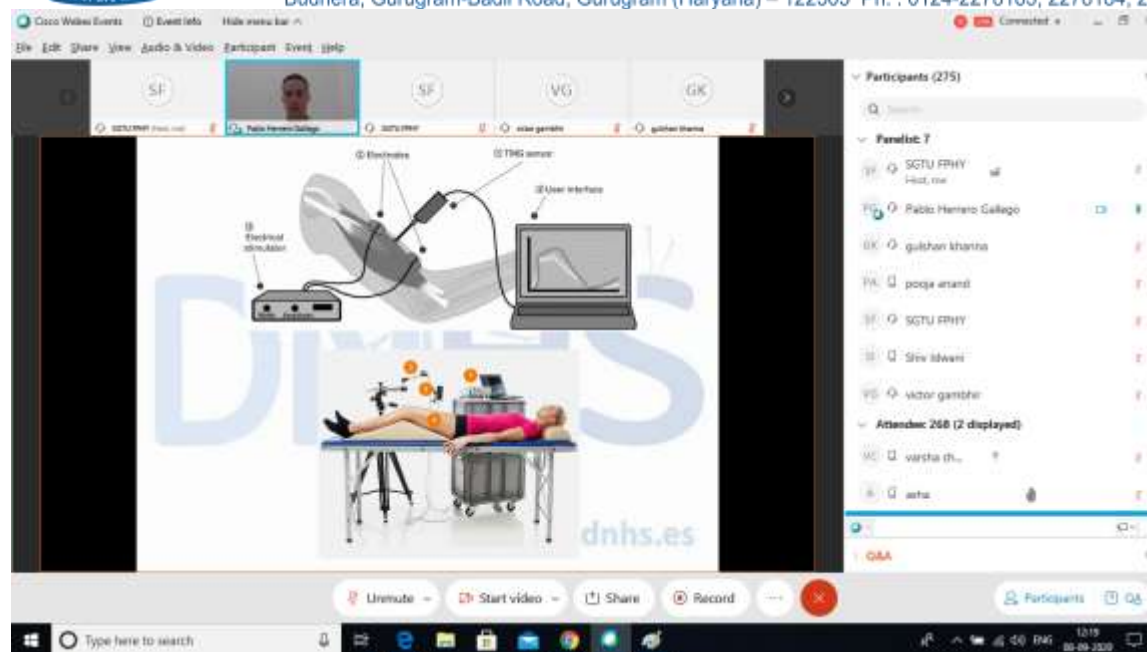


Fig 6: *Speaker explaining the muscle physiology to all the participants*

d) Feedback Forms- NA

List of participants -350

Copy of E certificate for participants - NA

Name of Coordinator & Signature: *Dr. Saurabh Kumar*



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ATTENDANCE SHEET

Webinar on DNHS- Dry Needling in hypertonicity & Spasticity

DATE: 8/9/2020

S. No	Name Of Student	Remark
1	PRAGATI	P
2	PALLAVI KUMARI	P
3	VANSHIKA GARG	P
4	MANSHIA	P
5	PRIYA RANA	P
6	ANKITA JANGHU	P
7	PRIYA	P
8	VINAY DAHIYA	P
9	YASH	P
10	RITU KAUSHIK	P
11	ABID QAYOOM LONE	P
12	BASUDEO RAJBHOR	P
13	MONIKA	P
14	SHIVANI	P
15	MAMTA	P
16	NEELAM SHARMA	P
17	MANSHI GUPTA	P
18	DEEPAK KUMAR	P
18	APARNA SHARMA	P
20	ANKIT	P
21	SWEETY	P
22	HIMANSHI	P
23	SIMRAN	P
24	GAURAV BHATI	P
25	HIMANI KUMARI	P
26	SHALINI	P
27	PRIYANSHU RAJAN	P
28	ASHA DAGAR	P
29	DHAIRYA SHARMA	P
30	DEEPAI	P
31	ROSY BANO	P
32	MEENAKSHI YADAV	P
33	PRIYANKA CHANDILA	P
34	SNEH	P
35	BHAVYA	P
36	APOORVA KAPOOR	P
37	SOMYA GARG	P
38	LAKSHYA	P
39	KRITI ARORA	P
40	GULSHAN KUMAR	P
41	PARUL	P
42	AKANSHA YADAV	P



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43	NEHA YADAV	P
44	SANDHYA KRISHNA SHAH	P
45	SAGAR KAUSHIK	P
46	ANJALI	P
47	NEHA TOMAR	P
48	HIMANSHU YADAV	P
49	NEHA	P
50	MOHAK CHAUHAN	P
51	AHTASHAM KHAN	P
52	JAYA	P
53	MONIKA SHARMA	P
54	NISHA	P
55	DHARVI SHARMA	P
56	MUSKAN SINHA	P
57	DEEPANSHU SURI	P
58	DIYA KAK	P
59	MANIKA GAUTAM	P
60	SHUBHI SHARMA	P
61	SWAPNIL RATTAN	P
62	ISHIKA SINGH	P
63	DEEPAK CHAUDHARY	P
64	GEETIKA HINDUJA	P
65	SWETA KUMARI	P
66	PRERNA KANOJIA	P
67	AKASH DEEP	P
68	DEEPIKA SHARMA	P
69	YOGESH KUMAR	P
70	PRIYANKA VERMA	P
71	ANUJ SEHRAWAT	P
72	KIRTI	P
73	NITIKA	P
74	AKSHAY MAAN	P
75	HARPREET KAUR	P
76	SUSMITA PANDEY	P
77	SAHIL TOMAR	P
78	KRITAGYA MALIK	P
79	PRANAV KALRA	P
80	MONIKA	P
81	KRITIKA ARORA	P
82	MONIKA KATARIA	P
83	SANJU YADAV	P
84	SHALU	P
85	RUPESH KAUSHIK	P
86	ANJALI GUPTA	P
87	PREETI	P
88	SAAKSHI MALIK	P
89	SANDEEP KUMAR	P
90	ANKIT SHARMA	P
91	ANKITA YADAV	P
92	ANJALI	P
93	ARZOO ATTRI	P
94	VERMA SNEHA ASHOK KUMAR	P
95	JATIN KUMAR SINGH	P
96	PRINCE	P



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98	YOGESH	P
99	PRIYA MAGGO	P
100	KHUSHI KATARIA	P
101	SADAF NAAJ	P
102	JYOTI KUMARI	P
103	NISHA YADAV	P
104	GORVI CHOPRA	P
105	HARPREET SINGH	P
106	DEEPAK	P
107	SARABJEET SINGH	P
108	MONIKA TRIPATHI	P
109	SARIKA BHATI	P
110	ANJALI PANDEY	P
111	SUPRIYA KUKRETY	P
112	RACHITA SHARMA	P
113	HIMADRI THAPA CHHETRI	P
114	DIVYA GUPTA	P
115	JANNAVI ROUT	P
116	ABHISHEK DHANKHAR	P
117	KARTIKEY SINGH	P
118	CHANDAN KUMAR YADAV	P
119	RITU SEHRAWAT	P
120	NEHA KUMARI	P
121	HARSHIT ATAL	P
122	SHIVAM BANSAL	P
123	MOHIT YADAV	P
124	PREETI KUMARI	P
125	RITIK GARG	P
126	PRIYANKA CHAUHAN	P
127	CHINGSEM SHAIZA	P
128	JYOTI	P
129	AMAN DAHIYA	P
130	RAVI	P
131	HIMANSHU GAKHAR	P
132	SAHIL SARVANG	P
133	ISHA AHMED FATIMA	P
134	PREKSHA JAIN	P
135	KAKUL BHARDWAJ	P
136	BRIJBALA SONI	P
137	PRERNA MAHTO	P
138	AVNEET SINGH	P
139	REET DEO	P
140	CHHAVI CHATURVEDI	P
141	PINKY	P
142	KRITIKA	P
143	PRIYANKA SINGH	P
144	CHITRAKSHI SHARMA	P
145	SUKANYA ROY	P
146	AAPTI CHAUHAN	P
147	DHEERAJ KUMAR	P
148	ANKITA GUPTA	P
149	VAISHALI GANDHI	P
150	SUVERNA CHATURVEDI	P



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151	AKANSHA ROHILLA	
152	ANNU	
153	MS. NEHA GUPTA	
154	SHIVAM GROVER	
155	MAHIMA VERMA	
156	SAHIL	
157	MITALI ARORA	
158	POOJA	
159	PRITISIKHA BARMAN	
160	MUKESH KUMAR	
161	RUCHIKA ARORA	
161	SHRADHA YADAV	
162	SAKSHI SAINI	
163	SHAUNAQ PANDEY	
164	RINKI	
165	SANTOSH KUMAR	
166	NEETU	
167	NAVYA DHINGRA	
168	MAYANK KATARIA	
169	ANKIT	
170	SACHIN	
171	BAZILA MEHRAJ	
172	SALONI	
173	PRIYANKA	
174	VANSHIKA YADAV	
175	AARUSHI DOBHAL	
176	RASHMI MUNDOTIA	
177	USHA	
178	ANSHU	
179	ABHISHEK KUMAR	
180	KANISHKA GUPTA	
181	SIMRAN SETHI	
182	AMRITA AHUJA	
183	BHANU PRIYA	
184	MUNMUN BISWAS	
185	HEMANT KUMAR	
186	SACHIN KUMAR	
187	RANVIR KUMAR	
188	RUCHI RAJ	
189	RAMITA ARORA	
190	SHIWANI	
191	LOGE NGOMLE	
192	PARAM MANOHAR THAKUR	
193	KARAN BISHT	
194	ISHAN GUPTA	
195	RHYTHM GAUR	
196	SWAGAT NAYAK	
197	FERHEEN	
198	NIHITA RAWAT	
199	MUSKAN	
200	PRIYA RISHI	
201	SANGEETA	
202	NITESH	
203	AAKANSHA	



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205	CHIRANGANI VOHRA	
206	BHAWNA SEHRAWAT	
207	AARTI CHAUHAN	
208	GUNJAN SISODIA	
209	GARIMA MEHTA	
210	ANUJ KUMAR JHA	
211	Pratishtha Tripathi	
212	SAMIKSHA	
213	SAKSHI KUMARI	
214	MUSKAN JAIN	
215	SAIF ALI JAWHAR	
216	FARHEEN FAIYAZ	
217	HITENDER	
218	SNEHA	
219	VISHAL SHARMA	
220	SUSMITA SAHA	
221	ANSHU TANWAR	
222	SHANKRANAND	
223	BHUMIKA ARORA	
224	SHAILJA	
225	SWEETY	
226	TANIA DIGRA	
227	KIRAN NEGI	
228	SHWETA PANCHAL	
229	IMRAN MUSHTAQ KHAN	
230	NEHAL GUPTA	
231	SALMAN KHAN	
232	ARADHYA SINGH	
233	MANISH	
234	PRIYA JAKHAR	
235	MAHIMA MAYEE TRIPATHY	
236	ANURADHA	
237	SUNIDHI GUSAIN	
238	AANCHAL GOYAL	
239	VANSHIKA GANOTRA	
240	KRISHAN	
241	KANU PRIYA	
242	AYUSHI GUPTA	
243	KAJAL YADAV	
244	RAVEENA	
245	RINKU KUMAR MEENA	
246	GARVIT ARORA	
247	NIKITA SAINI	
248	ABHIJNEY SOOD	
249	NIKHIL RAGHAV	
250	RENU RAGHAV	
251	KM KAJAL	
252	MAHESHVER SINGH PATHANIA	
253	ANKUR KUMAR	
254	APURVA VASHIST	
255	RAKSHITA BIRORIA	
256	MUSKAN	
257	NEHA	



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259	ASHISH BHARTI	
260	MUNMEE FARNAZ HUSSAIN	
261	MOUSINA SAHNAJ HUSSAIN	
262	RITIK GUPTA	
263	ASHUTOSH SINGH	
264	PRIYA YADAV	
265	K S SHANGYAOLA	
266	FARMAN UR RAHMAN	
267	KIRAN	
268	AACHAL YADAV	
269	NEHA AGGARWAL	
270	RASHI SINGHAL	
271	DIPANKAR	
272	ARSHA RAJ P R	
273	KHUSHBOO	
274	NAVISTA	
275	RASHIMI	
276	SAKUNTALA THADARAI	
277	MUTUM SUSHIBALA DEVI	
278	ROHAN RAI	
279	SHILPA SHARMA	
280	PANKAJ CHAUDHARY	
281	AYUSHI BIST	
282	MD ASIF RAJA	
283	MAHIMA	
284	HIIMANI YADAV	
285	AKANSHA PANDEY	
286	VARSHA	
287	DIKSHA ADHIKARI	
288	HIMANI THUKRAL	
289	SHIVANJALI SINGH	
290	PRIYA UPADHYAY	
291	SHIVANI KAUNDAL	
292	SIMRAN RANA	
293	PANYA RAO	
295	ANSHUL KUMAR RATHORE	
296	JAYA YADAV	
297	GARIMA KOHLI	
298	DIVYA	
299	KM SUMAN GUPTA	
300	VISHAKHA	
301	PRANJAL GUPTA	
302	GUNJAN BISHT	
303	NIKITA JOSHI	
304	PINKI	
305	AKASH SINGH	
306	DEEPAK VATS	
307	PRIYANSHU RAWAT	
308	TEJPAL MEHLAWAT	
309	SHRISHTI DRALL	
310	SANPREET KAUR	
311	SAGAR YADAV	
312	ROHIT CHANDILA	



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317	SHIVANAND MISHRA	
318	RESHAM PRIYA	
319	PARASSERIL ASHWIN SONI	
320	LAXMI	
321	PUSHPANJALI PRASAD	
322	TANISH	
323	KASHINA ARORA	
324	KAVINDER SINGH	
325	PALLAVI KUMARI	
326	HIMANSHI	
327	NEETU	
328	ANCHAL DHIMAN	
329	AALIYA JAVED	
330	ANJALI DUTT	
331	PRACHI PRIYA	
332	RAJNISH KUMAR	
333	SONALIKA RAJ	
334	SHIVANI KUSHWAHA	
335	PRAGYA SHARMA	
336	SHRISTI SWETANGINI	
337	NANDINI VASHIST	
338	KANNU JAIN	
339	ASHUTOSH JHA	
340	DEEPALI CHAUHAN	
341	JIITANSHA	
342	SHREYA	
343	HITESH SHARMA	
344	PUSHPA	
345	KUMARI SANI	
346	ANJALI SAHU	
347	BHARTI	
348	AMAN	
349	KIRTI	
350	SOMYA JHA	